



BREAKFAST

MARCH 2024

This institution is an equal opportunity provider

St. James Parish School Board

K – 12 Grade
National School Breakfast
Week March 4-8, 2024

Monday



WG Pancakes
Syrup
Fruit Choice
Juice Choice
Milk Choice

4

Turkey Sausage & Cheese Pizza
Fruit Choice
Juice Choice
Milk Choice

11

Pancake on Stick
Syrup
Fruit Choice
Juice Choice
Milk Choice

18

WG Pancakes
Syrup
Fruit Choice
Juice Choice
Milk Choice

25

Tuesday



Cereal Choice
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

5

Option: Pop Tarts or Cereal Bar

Muffin
Fruit Choice
Juice Choice
Milk Choice

12

Scrambled Eggs
Grits
Fruit Choice
Juice Choice
Milk Choice

19

Biscuit
Chicken Patty
Fruit Choice
Juice Choice
Milk Choice

26

Wednesday



Biscuit
Chicken Patty
Fruit Choice
Juice Choice
Milk Choice

6

Cinnamon Rolls
Fruit Choice
Juice Choice
Milk Choice

13

Cereal Choice
Graham Crackers 1 G
Fruit Choice
Juice Choice
Milk Choice

20

Option: Pop Tarts or Cereal Bar

Cereal Choice
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

27

Option: Pop Tarts or Cereal Bar

Thursday



Belgium Waffles
Syrup
Fruit Choice
Juice Choice
Milk Choice

7

Option: Waffles

Cereal Choice
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

14

Option: Pop Tarts or Cereal Bar

WG Biscuit
Turkey Sausage
Fruit Choice
Juice Choice
Milk Choice

21

Belgium Waffles
Syrup
Fruit Choice
Juice Choice
Milk Choice

28

Option: Waffles

Friday

Muffin
Fruit Choice
Juice Choice
Milk Choice

1

Scrambled Eggs w cheese cup
Tortilla Flour
Salsa
Fruit Choice
Juice Choice
Milk Choice

8

French Toast Sticks
Syrup
Fruit Choice
Juice Choice
Milk Choice

15

Donuts Mini Bites
Fruit Choice
Juice Choice
Milk Choice

22

Holiday

29

High School daily choices includes cereal, pastries, etc.

Menus are subject to change

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LUNCH

This institution is an equal opportunity provider

MARCH 2024

St. James Parish Schools

K – 12 Grade
Louisiana School Lunch Week
March 11-15, 2024

Monday



Cheesy Beef-a-Roni
Fresh Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
Chilled Peaches
WG Bread Stick
Milk Choice

4

White Beans w Veron's Sausage
Steamed Rice
Steamed Cabbage
Sweet Potatoes Crunch
Sliced Peaches
Fresh Fruit Choice (HS)
Golden Cornbread
Milk Choice 8 oz.

11

Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (HS)
WG Golden Cornbread
Milk Choice

18

Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
Chilled Peaches
WG Bread Stick
Milk Choice

25

Tuesday



Chicken/ Pork/ Sausage Jambalaya
White Beans
Seasoned Greens
Chilled Melon
Chilled Oranges (HS)
WG Sweet Roll
Milk Choice

5

Cajun Meat Sauce
Spaghetti
Popeye Salad w (Spinach/Shredded
Carrots & Creole Tomatoes)
Seasoned Corn /WG Bread Sticks
Fresh Fruit Choice (HS)
Applesauce
Milk Choice

12

Chicken Fajitas Tacos
W Cheese Shredded
Tortilla Flour
Lettuce / Tomato
Sunset Sip Juice
Seasoned Corn /Salsa
Red Grapes /Strawberries (HS)
Milk Choice

19

Hamburger or Ham w Cheese
WG Bun
Lettuce /Tomato/ Pickle
Potato Rounds/ Carrot Sticks w dip
Chilled Fresh Apple Half
Pears(HS) Cookie
Milk Choice

26

Wednesday



Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape
Applesauce (HS)
Graham Crackers
Milk Choice

6

BR Chicken Pattie / WG Bun
Lettuce/ Creole Tomato/ Pickle
Potato Rounds/Carrot Sticks w dip
Fresh Apple Half /Pears (HS)
Cookie
Milk Choice

13

Zesty BBQ Chicken
Seasoned Rice
Seasoned Green Beans
Carrot Sticks W Dip
WG Roll
Chilled Orange (HS)
Mixed Fruit
Milk Choice

20

Pork or Turkey Roast w Gravy
Rice Dressing
Seasoned Green Peas
Sweet Potatoes
Chilled Mixed Fruit
Fresh Fruit Choice (HS)/ WG Roll
Easter Cake/ Milk Choice

27

Thursday



Meatballs Stew
Steamed Rice
Steamed Garlic Broccoli
Sweet Potatoes
Fresh Banana
Chilled Pears (HS)
WG Roll
Milk Choice

7

Cajun Chicken/Sausage Gumbo
Steamed Rice
Potato Salad
Broccoli Florets w Dip
Orange Whole
Chilled Mixed Fruit (HS)
WG Crackers / Milk Choice

14

Hot Dogs w/ Chili
or Sloppy Joe
French Fries
Baked Beans
Fresh Fruit Apples
Chilled Peaches (HS)
Choice of Baked Chips
Milk Choice

21

Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape / Applesauce (HS)
Graham Crackers
Milk Choice

28

Friday

Breaded Fish Strips
Macaroni & Cheese
Popeye Salad w Tom.
Steamed Mixed Vegetables
Chilled Pears
Chilled Fruit Choice (HS)
WG Roll
Milk Choice

1

Fish Portion w cheese WG Bun
Lettuce / Tomato/ Pickle
Potato Rounds
Carrot Sticks w Dip
Fresh Apple Half / Mixed Fruit Cup(HS)
Cookie
Milk Choice

8

Crispy Catfish Strips
Loaded Potatoes
Steamed Mixed Vegetables
Chilled Pears
Chilled Fruit Choice (HS)
WG Green King Cake
Milk Choice

15

Cheese Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape
Applesauce 1/2c (HS)
Graham Crackers 1G.
Milk Choice

22

Holiday

29

High Schools daily choices include parfaits, personal pan pizza, salad choice and sandwiches.
Menus are subject to change



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